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with age, it just takes them longer to recall facts because they have more information in their brains.

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米 Scientists believe this also makes you hard of hearing as it puts pressure on your inner ear.

Also, older people often go to another room to get something and when they get there, they stand there wondering what they came for. It is NOT a memory problem, it is nature's way of making older people do more exercise.

I have more friends I should send this to, but right now I can't remember their names.

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